

**UNIVERSITY of COLORADO
BULLETIN**

1937

Mountain Recreation

SCHEDULE OF COURSES
SUMMER 1937
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Supplement to
UNIVERSITY OF COLORADO BULLETIN

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GENERAL SERIES No. 388

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**"Climb the
Mountains
and
Get Their
Good Tidings"**

IN the immense and varied area that is the University of Colorado Mountain Playground there are living glaciers, rushing mountain streams, great forests, tremendous canons, colorful flower gardens, the granite peaks of the Continental Divide.

As a summer student you will find opportunity to enjoy every kind and degree of mountaineering. You may motor over paved highways above timberline, "America's final frontier," hike through pine forests in the foothills, glissade over glaciers, camp out under the blazing stars, conquer alpine heights.

To insure students a maximum of pleasure at a minimum of expense in their mountaineering ventures, the University has sponsored for fourteen years a Department of Recreation. Its office is in Old Main, Room 4. A. Gayle Waldrop, a member of the faculty, the Director, Louise Roloff, secretary and guide, and other experienced assistants, are at your service, not only for the sched-

uled trips, but for consultation on private trips that you may wish to take.

Six forms of mountaineering are scheduled: weekly illustrated lectures; seeing the sights from automobile seats; semi-weekly hikes into the nearby foothills, climaxed by beefsteak fries; week-end hikes to and about A. S. U. C. Lodge, five miles from Boulder; week-end climbs in the Front Range of the Rockies through University Camp, 28 miles from Boulder; week-end mobile camp trips in Roosevelt National Forest and Rocky Mountain National Park.

On Monday evenings, in an outdoor theatre when weather permits, there will be free lectures, illustrated by movies and slides on such subjects as: Colorado wild flowers, Colorado birds, Colorado wild life, Rocky Mountain National Park. On Friday and Saturday, June 18-19, there will be showings of movies made on trips conducted by the department in 1936.

Cover Photograph:
Glissading on
Arapaho Glacier

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BULLETIN

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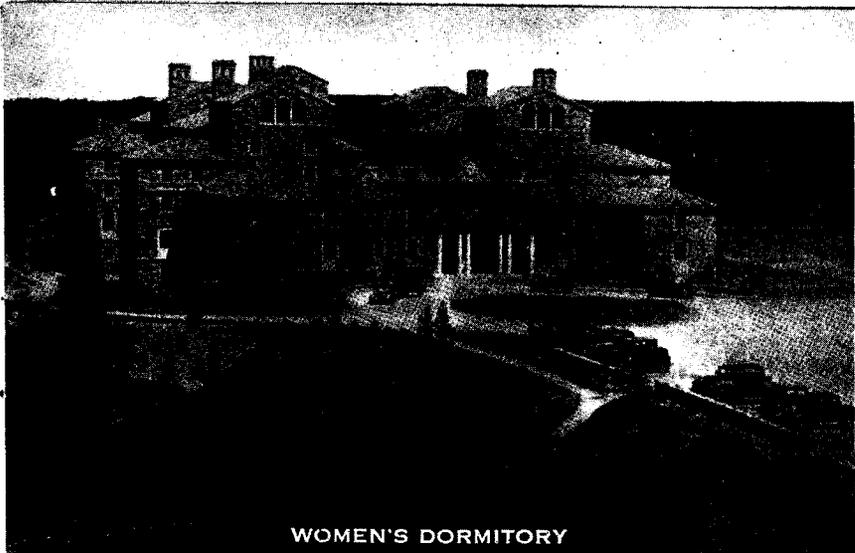
Approved by the Regents of the University of Colorado by the act of August 24, 1912.

Information on private trips

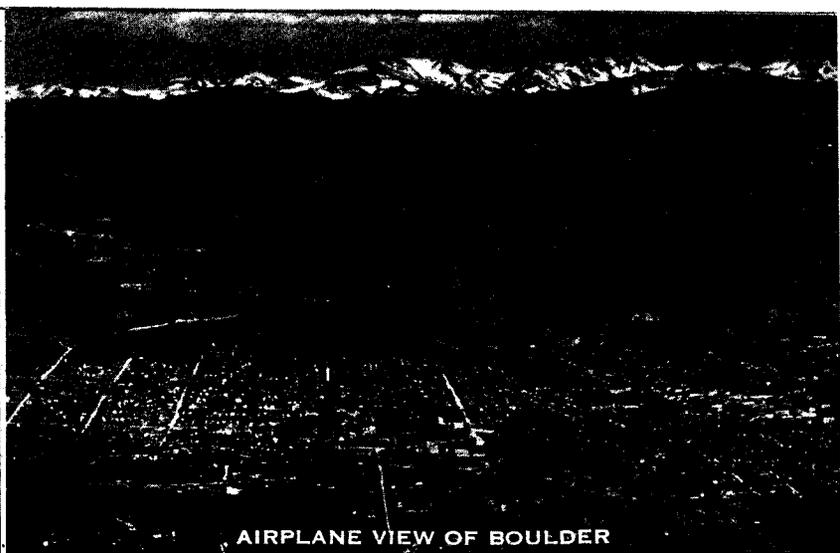
Excursions are scheduled:
Seeing the sights from
Day hikes into the near-
by forest; week-end
steak fries; week-end

C. Lodge, five miles
climbs in the Front
Range University Camp,
week-end mobile camp
in Forest and Rocky

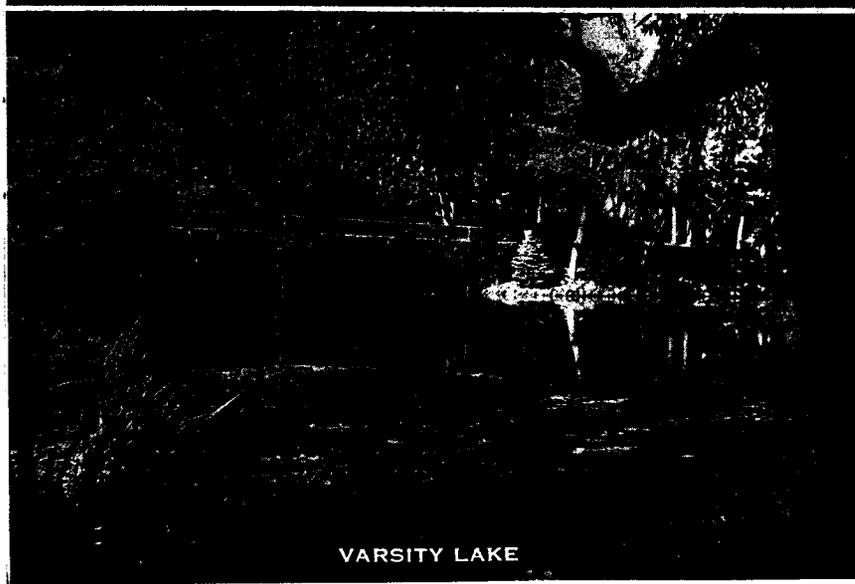
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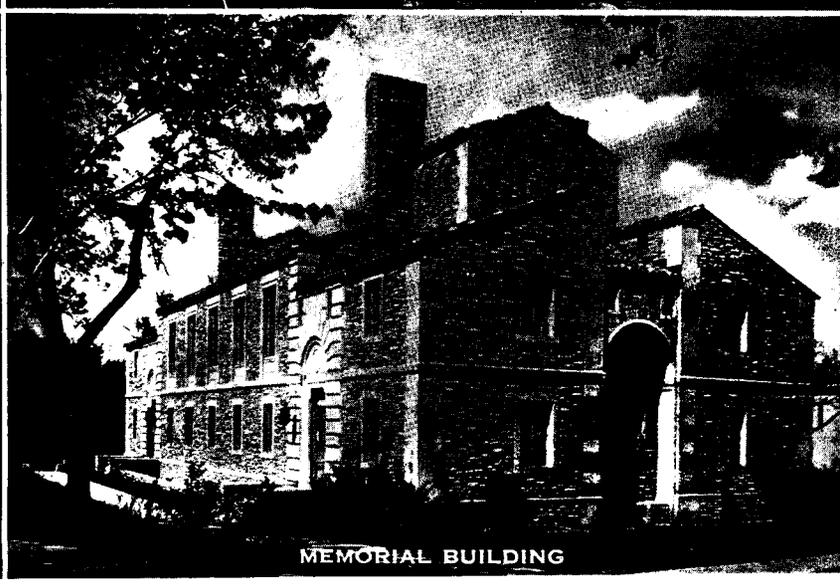
WOMEN'S DORMITORY



AIRPLANE VIEW OF BOULDER



VARSITY LAKE



MEMORIAL BUILDING

**Ride Over
One of the
Highest and
Most Spectacular
Automobile
Roads in
America**

THE Trail Ridge Road in Rocky Mountain National Park, with a four-mile section more than 12,000 feet in altitude, is the objective of seven automobile excursions the first term of the Summer Quarter, and six the second term. This one-day trip includes the North St. Vrain canon, much of which is oil-paved; a stop in Estes Park; a twenty-mile climb to the crest of the range with superb views of valleys and parks, rivers and peaks; return by way of Bear Lake, with luncheon at the Lodge there, and South St. Vrain canon, all of which is oil-paved.

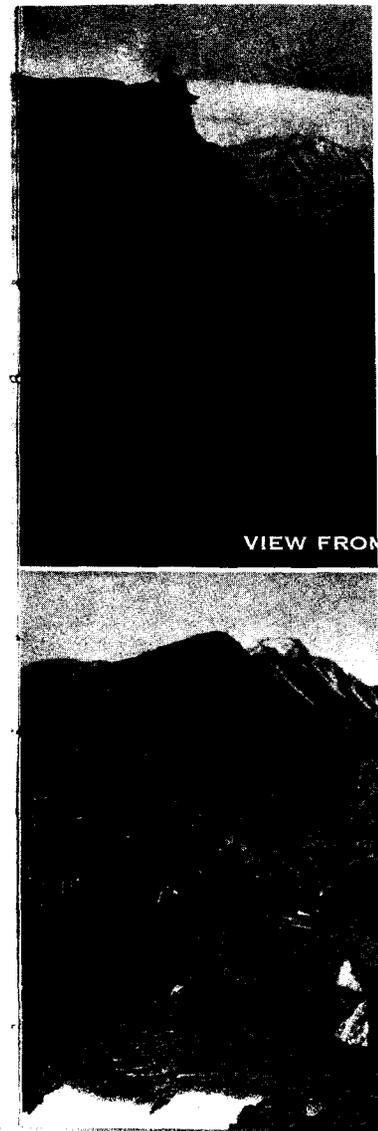
Because these drives are institutionally organized and directed, and are not private enterprises for profit, the University is able to offer this trip of almost 175 miles for \$5, including a \$1 luncheon. If the National Park Service changes its regulations regarding educational tours, or if for

other reasons busses of the Rocky Mountain Transportation Company, which has a monopoly on commercial transportation, are used, the cost will probably be \$9.

Students who have their own automobiles are urged to make this drive, and those necessary on other scheduled trips, in their own cars. The department, however, cannot serve as a clearing house to fill private cars, because of rules of the public utilities commission, and it cannot transport in University busses persons not enrolled in the University.

The Trail Ridge drive is scheduled for Saturday, June 19; Sunday, June 20; Sunday, June 27; Saturday, July 3; Sunday, July 4; Saturday, July 17; Sunday, July 18; Sunday, July 25; Saturday, July 31; Sunday, August 1; Saturday, August 7; Sunday, August 8, and Sunday, August 15.

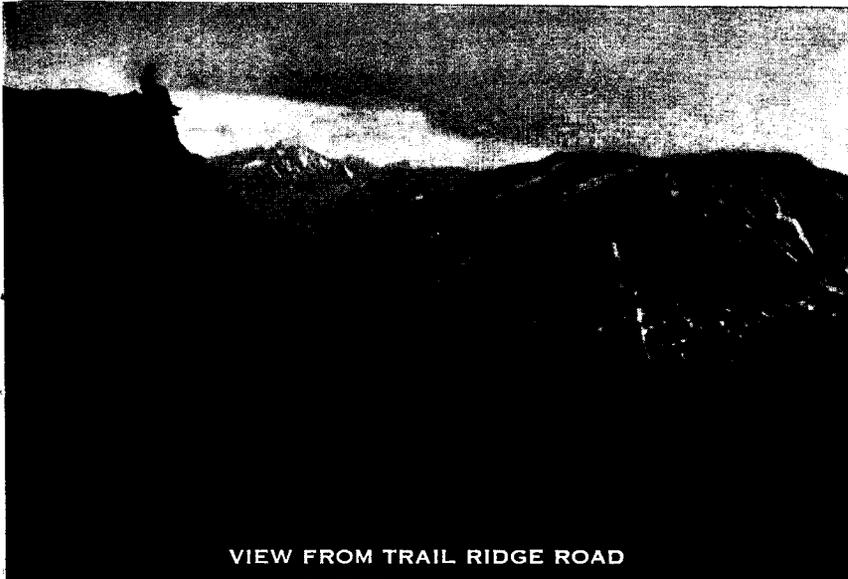
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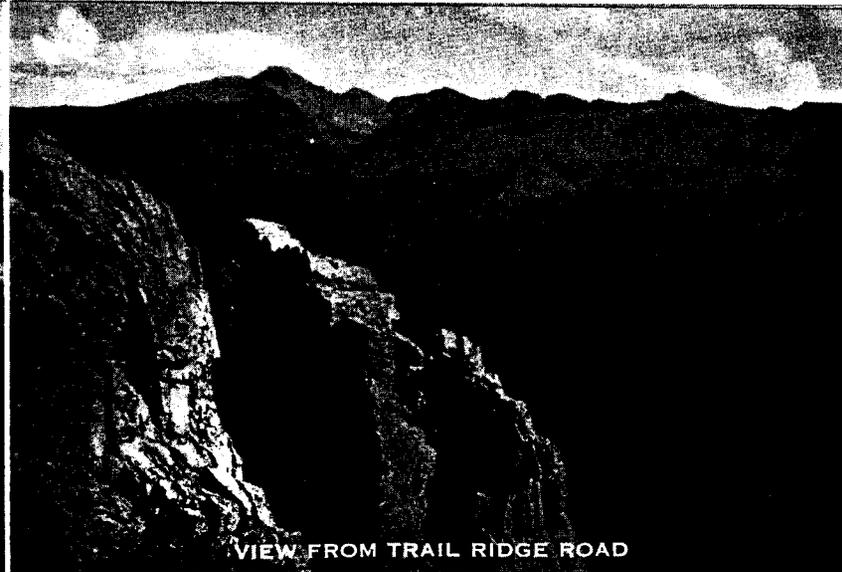
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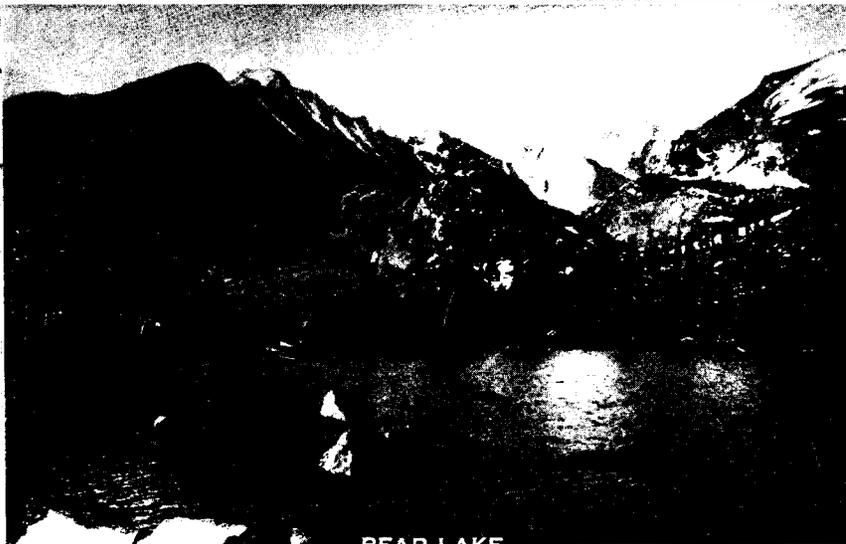
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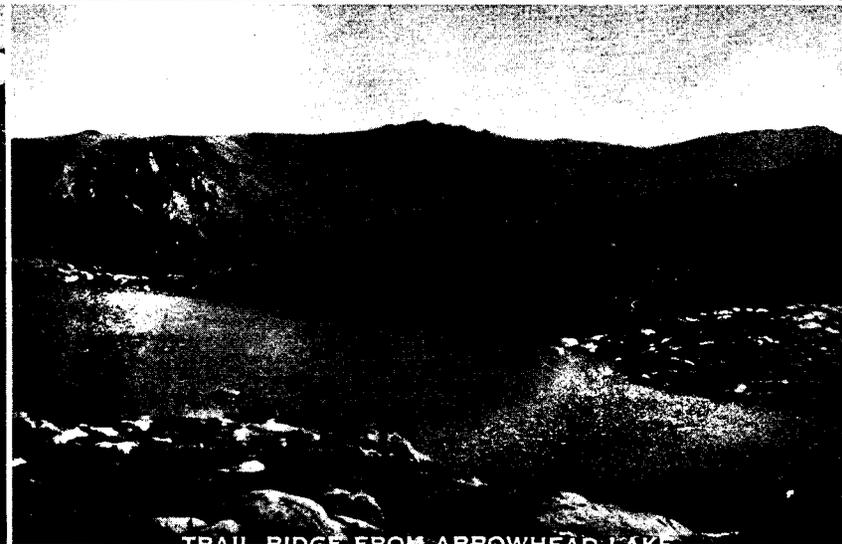
VIEW FROM TRAIL RIDGE ROAD



VIEW FROM TRAIL RIDGE ROAD



BEAR LAKE



TRAIL RIDGE FROM ARROWHEAD LAKE

Walk and Scramble in the Foothills

Eat Tender Beefsteak

Sing! Hear About Mountain Men, Geology, the Stars

ON Tuesdays and Thursdays each week during the summer terms there are short hikes and climbs to interesting near-by places in the foothills. Hikers start from the campus between 4 and 5 o'clock, return between 9 and 10. The cost is 50 cents. Registration closes at 2 o'clock the day of the hike.

These hikes of from two to five miles are ends in themselves as well as "conditioners" for the High Country climbs. They loosen up leg muscles, develop lung power, provide appetites for "firsts" and "seconds" of beefsteak.

THERE is group singing—somewhat like the singing of the Indians, to express the fervor of an emotion, not for objective effect—and special entertainment such as informal talks on geology, archaeology, the stars, mountain men, reading of mountain poetry.

Once each term there is an exhibition climb of the Third Flatiron, whose 1,300-foot ascent on a 45-degree slope is an exploit of venturesome

rock climbers. Too, each term there are exhibitions of rapelling, that exciting sport where one steps off a cliff backward, with a rope to lower oneself to firm footing.

Two or more of these hikes are desirable training for all High Country climbs. Don't plan to do Arapaho Glacier or any of the peaks climbs without such preliminary hiking, unless you are taking "laboratory" courses in physical education, any more than you might plan to do the harder trips without high shoes or boots and plenty of warm clothing, dark glasses and a rainproof.

Schedule for hikes and steak fries:

First Term	Place	Second Term
June 22.....	Bluebell Canon.....	July 27
June 24.....	Alamo Rocks.....	July 29
June 29.....	A. S. U. C. Lodge (Chicken Dinner).....	August 3
July 1.....	Royal Arch.....	August 5
July 6.....	Sunrise Circle.....	August 10
July 8.....	Boulder Falls.....	August 12
July 13.....	Green Canon.....	August 17
July 15.....	Realization Point.....	August 19
July 20.....	Amphitheater.....	August 24

TOM FERRIL READS "GHOST TOWN"



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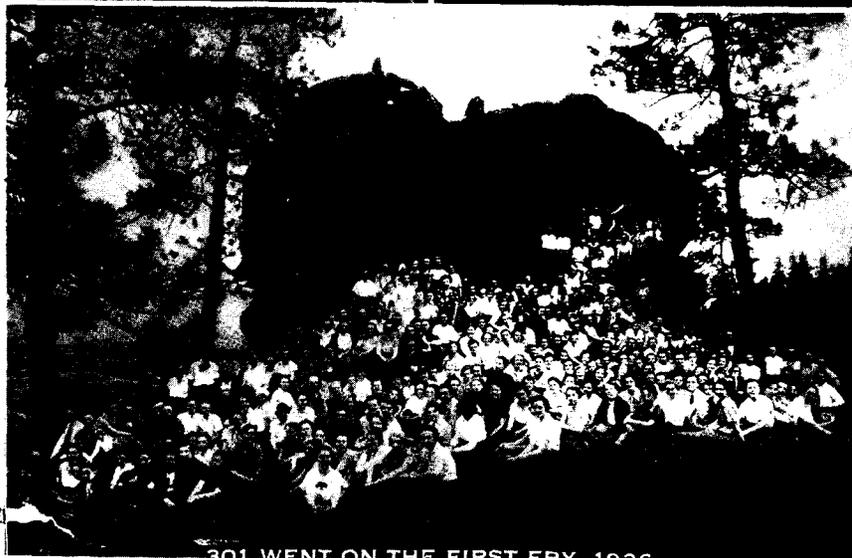
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TOM FERRIL READS
"GHOST TOWN"



RECREATION DIRECTOR
TAKES MOVIES



301 WENT ON THE FIRST FRY, 1936



HIKERS AT ROYAL ARCH

**There Are
Two Camps**

•
**A. S. U. C.
Lodge,
5 Miles by Trail,
6 Miles by Road**

•
**University
Camp,
28 Miles
by Road,
Elevation 9,600**

FOR students who prefer less arduous hiking, less altitude in ascents than the High Country trips from University Camp require, there is A. S. U. C. Lodge, situated in the foothills, 2,500 feet above Boulder. It is owned by the Associated Students of the University of Colorado. It affords a base for easy ascents of Green, Bear and South Boulder peaks, tramps along roads and trails on the peneplain separating Middle and South Boulder canons, magnificent panoramas of the Continental Divide.

Dr. Glen Wakeham of the University faculty, chairman, Boulder group, Colorado Mountain Club, will lead the week-end trips at the lodge, as he has done for several years. He will adapt the Saturday hikes to the wishes and capacities of the groups. Students may hike up Friday afternoons or ride, the transportation cost being 75 cents. Guide service and six meals make a week-end at the lodge cost \$3.50. Blankets are available,

free, to be reserved on registering for the trips.

UNIVERSITY Camp, 4,000 feet higher than the campus, means High Country trails but not exhausting ordeals. Two of the three trips scheduled each term through the Camp are strenuous: the Arapaho Peaks (South, 13,346 feet, North, a mile away, 13,506 feet) and the Navajo Peak climbs.

The Arapaho ascent will be about 3,500 feet over Baldy mountain, the round-trip 13 miles. The return will be down the glacial valley. Hundreds of summer school hikers have done this in past seasons. A rewarding trip in that the views from the peaks are splendid, the descent the full length of the chiseled valley is awe-inspiring, and pride in one's accomplishment is unbounded. The climb of cone-shaped Navajo (13,406 feet), the last hundred feet up a chimney or couloir, is about 4,000 feet, the round-trip about 10 miles.

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ARAPÁHO VALLEY

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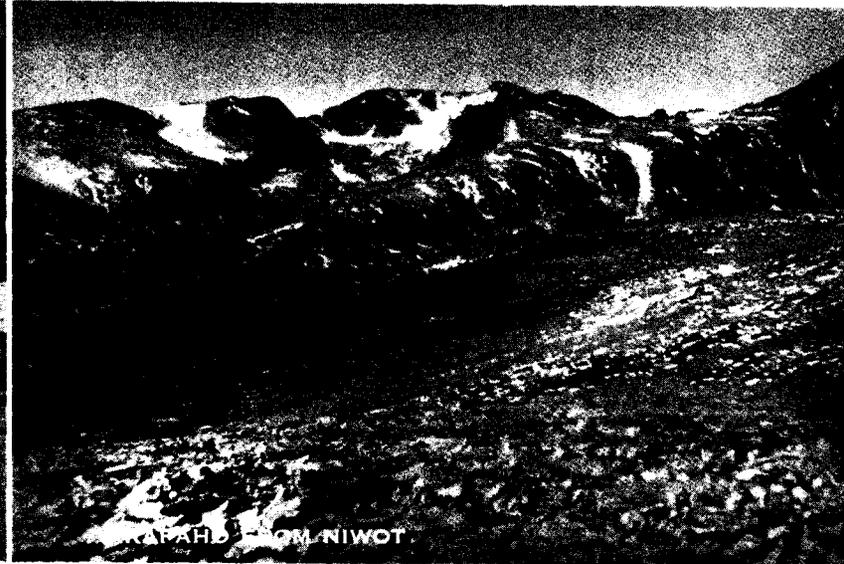
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ACCOMMODATION LODGE, UNIVERSITY OF COLORADO



ARAPAHO MOUNTAIN RANGE



ARAPAHO VALLEY



PARTY AT SADDLE

Ride 'em
Cowboy—
On the Snow!

•
Moonlight on
Granite Peaks
and Glaciers!

SECOND in the mountaineering scale in the Arapaho country—but first on the schedule the first term, to provide better glissading (see cover photograph of bulletin)—is the one-day, Boulder to Boulder hike to Arapaho Glacier. No climbing of peaks on this trip! Snow sliding the first term! Good looks at bergschrund and crevasses the second term, when the glacier is exposed!

A three-mile, three-hour, 2,500-foot climb, starting from the end of the automobile road in Fourth of July Valley—this trip does not go through University Camp—brings hikers to the Saddle of the Glacier. There they have views to the south and north, armies of high peaks; eat lunch below the gigantic east face of South Peak; enjoy the sight of a glacial valley of which it has been written:

“No lovelier basin on the eastern slope can be found than that lying below the Arapaho glacier. Nowhere can you find any such display of glacial history or get so easily to glaciers still gouging away at mountainsides.”

After eating lunch the hikers will glissade 700 feet over snowbanks to the Glacier. Really see “a giant chisel of nature” at work, before returning

to the Saddle and back-tracking on the morning trail.

A third kind of Arapaho trip is easiest of all, an afternoon stroll of two miles or more up the valley from Silver Lake through alpine flower gardens unsurpassed in the Rockies. A botanist will accompany the party. Views of the Glacier and Peaks are spectacular; the trail follows a road for some distance, then goes along through trees to Triple Lakes, at the junction of Arapaho and Ice Lake basins. Students on this one-day trip have lunch and dinner at University Camp.

THE easiest High Country trip through University Camp is a moonlight climb over the Rackabore Trail to Peaks-Plains Panorama, the 11,546-foot summit of Niwot Mountain, June 26-27. Two of the three miles will be done late Saturday afternoon, with a beeksteak fry preceding the final mile. Returning to camp by 1 o'clock Sunday morning, hikers will have a good sleep before an after-breakfast drive to Brainard Lake, and a walk to Isabelle Lake for lunch. On all trips through University Camp students see Boulder canon as they go, Sunshine canon as they return. For dates of trips see back page of bulletin.



HIKERS ON
SOUTH ARAPAHO



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HIKERS ON
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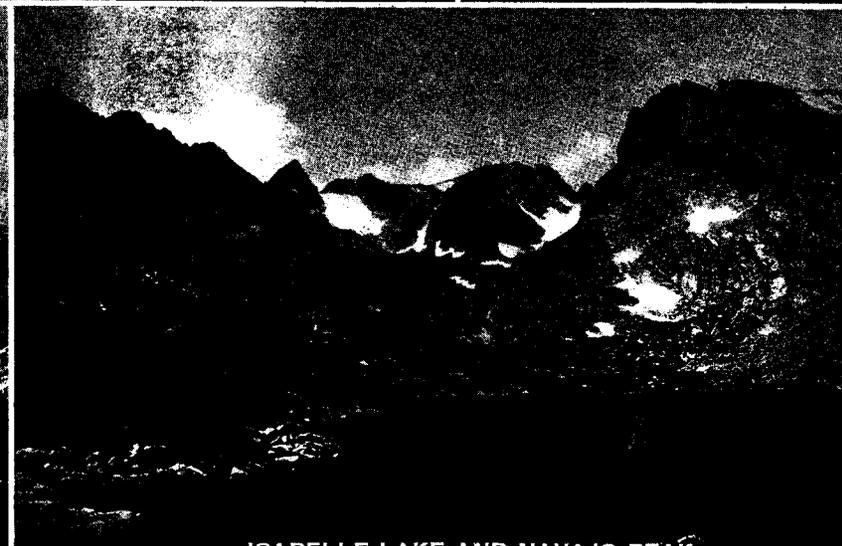
BLUE LAKE
FROM PAIUTE HORN



WALKING ALONG
CONTINENTAL DIVIDE



ISABELLE VALLEY FROM NIWOT



ISABELLE LAKE AND NAVAJO PEAK

**Giant Leader
of a Giant Band,
Longs Peak,
14,255 Feet
Above the Sea**

**Easy Camp-Out
Trips, Too**

OBJECTIVE of two trips the first term and one the second term of the summer quarter is Longs Peak, the most-climbed 14,000-foot peak in America, the big climb of Rocky Mountain National Park. Longs rears a square-cornered, box-like head well above the tumbled sea of surrounding mountain tops. It is an architectural creation, supported on four sides by mountain buttresses. Its east face is a nearly sheer precipice almost 2,000 feet from the top down to Chasm Lake, starting place of a gigantic glacier thousands of years ago.

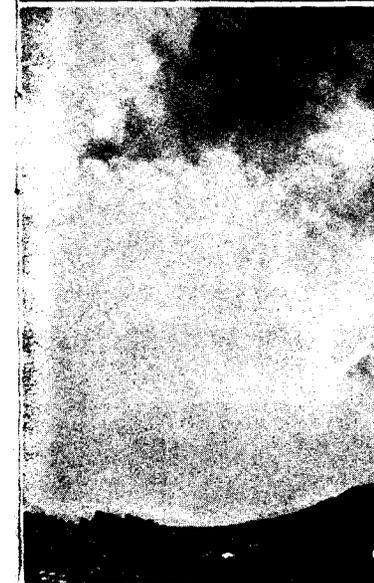
"Longs Peakers" leave Boulder Saturday morning, drive up the South St. Vrain canon, have lunch two miles on the trail by Alpine Brook, proceed past Timberline Cabin, where they will sleep that night, for an afternoon trip to Chasm Lake. Rising with the sun Sunday morning they climb through Granite Pass to emerge on the wild plateau of the Boulder Field, and ascend the peak by the Cable route. This route skirts the rim of the east face. The summit is reached before noon, before clouds gather to shut off any sector of the 360-degree panorama. Return is down the Home-

stretch, along the Narrows, down the Trough, through the Keyhole.

This is a camp-out trip, with pack horses carrying bed rolls and food.

FOR students who do not aspire to such heights as Longs and Arapaho Peaks there are easy camp-out trips scheduled each term: Bear Lake to Fern Lake, in Rocky Mountain National Park; and Paiute Horn, starting from Brainard Lake in Roosevelt National Forest. For dates and prices on these and other High Country trips see the back cover of the bulletin. The lakes trip takes hikers into some of the most beautiful of the park region; the Paiute climb, new on the schedule this year, is relatively easy and affords opportunities for snow slides.

For those who wish to see a glacier other than Arapaho, to count annular rings, walk along crevasses and peer into a bergschrund there will be a camp-out trip the second term, to Lawn Lake and Rowe Glacier in Rocky Mountain National Park.



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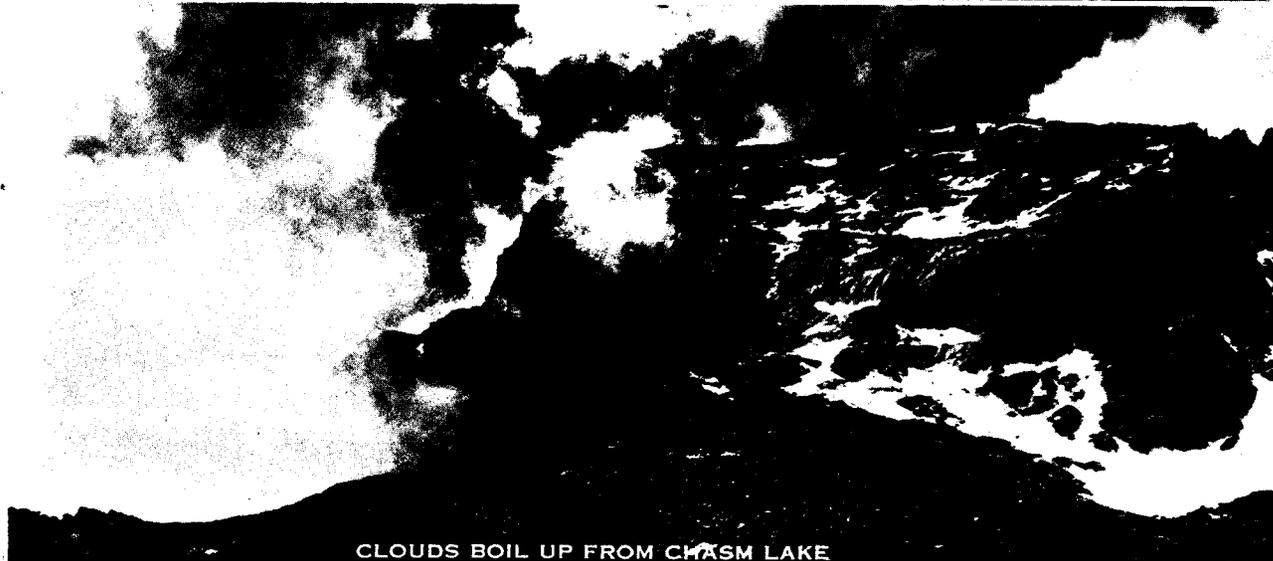
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THEY REACHED THE TOPI



LONGS AS SEEN ON CHASM LAKE TRAIL



CLOUDS BOIL UP FROM CHASM LAKE



CLIMBING UP THE CABLE

Lone Eagle Peak, the Camp-Out Trip of a Lifetime

What the Well-Dressed Hiker Wears and Carries

Come to Main 4

FOR its "graduate" students the Department of Recreation offers twice this summer the Lone Eagle (Lindbergh) Peak climb, an Over-the-Divide trip. Hikers will sleep at the Colorado Mountain Club cabin at Brainard Lake the first night, climb the Breadline Trail over the Continental Divide the next day—minus packs which will be sent over Trail Ridge Road to Monarch Lake and brought up by pack horses—descend a precipitous couloir to Crater Lake after looking down upon their objective, sleep at the foot of the cathedral-like spire that is flanked by glaciers.

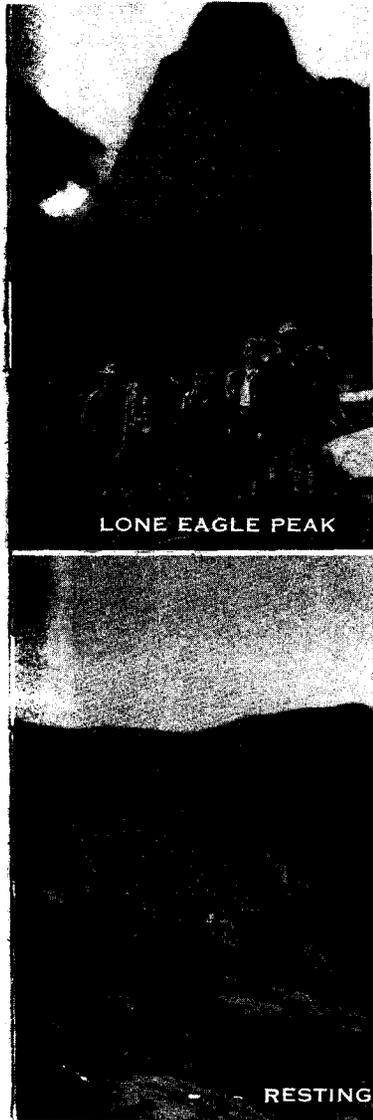
Ascent of the peak the third day will take not more than four hours, including roping down and up a 150-foot couloir, hanging on by finger tips and toe-holds along the knife-edge ridge. A never-to-be-forgotten experience—but a safe one. The department has scheduled the trip the past three summers.

Return to Boulder will be made, not as in former years, over the Pawnee Pass trail back to Brainard Lake, but down to Monarch Lake and in busses over Trail Ridge Road in the moonlight! Registration for this trip is limited both by the number of sleeping bags available and by the experience of the hikers.

FOR all High Country trips warm clothing, either light woolen shirt or sweater, a wind-break jacket that is **waterproof**, or a raincoat in addition, are essential. Fine mornings are often followed by afternoon showers—it has been known to rain all afternoon. Stout shoes or boots, large enough but not too large for two pairs of socks, one of these being wool. Hob nails on shoes are **required** for peak climbs in the High Country. If you get knee-fitting breeches, see to it that you have free knee action. Dark glasses are desirable for climbs above timberline. Camphor ice or white lipstick prevents chapping of lips, and zinc oxide prevents sunburn. A pair of warm gloves is often welcome, even on drives. Bring your camera, to be sure.

OF interest to hiker and non-hiker will be these things in the Recreation office, southwest corner basement room in Old Main: a relief model of the University playground; 'Narly from Niwot, a whole timberline tree, 355 years old; an exhibit of Colorado evergreens; a small exhibit of wild flowers gathered each week; an exhibit of scenic photographs of the region, masterpieces of Charles F. Snow, local photographer; an exhibition of paintings of the region by members of the Boulder Artists Guild.

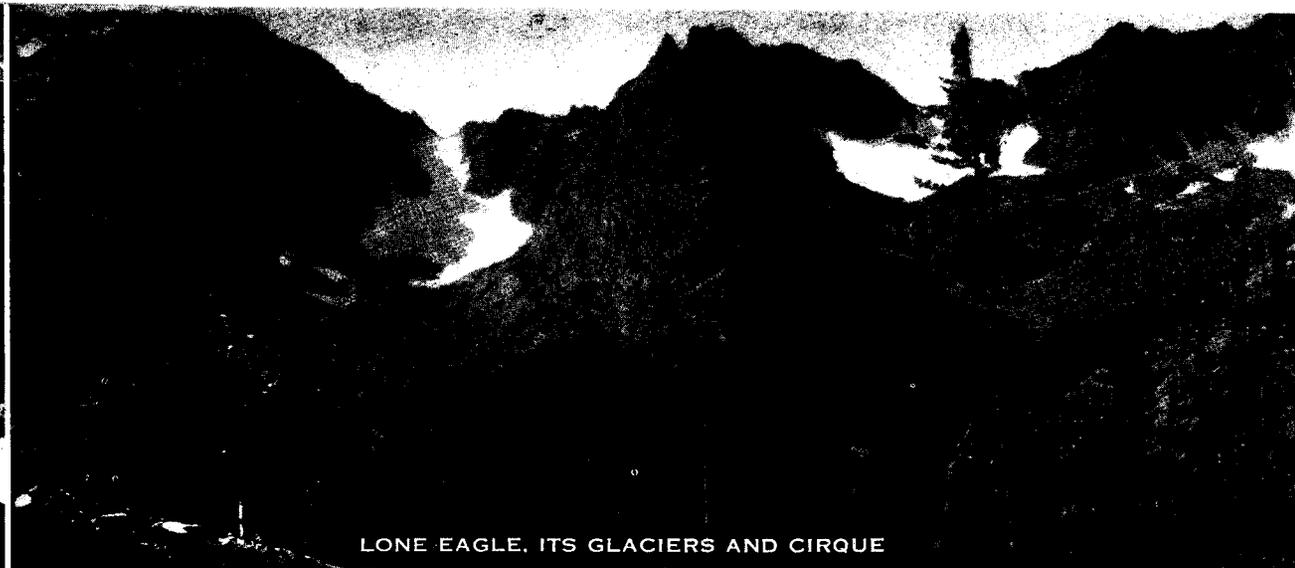
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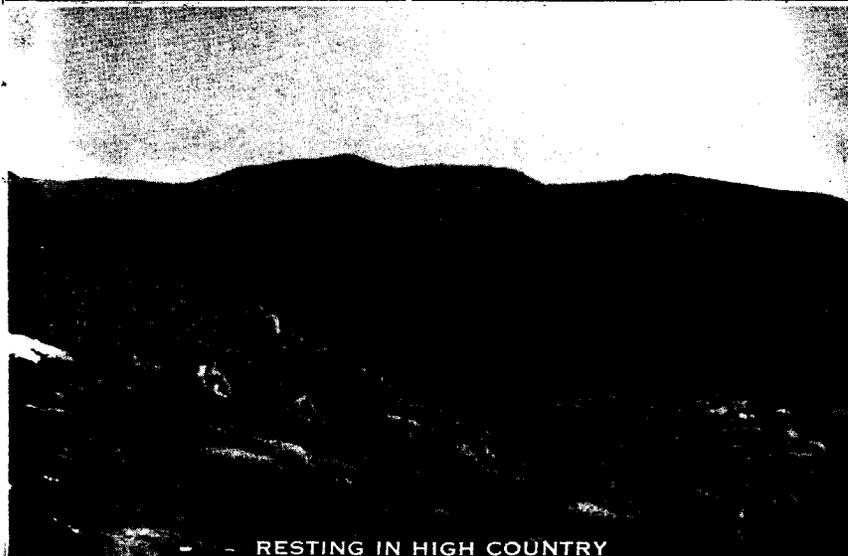
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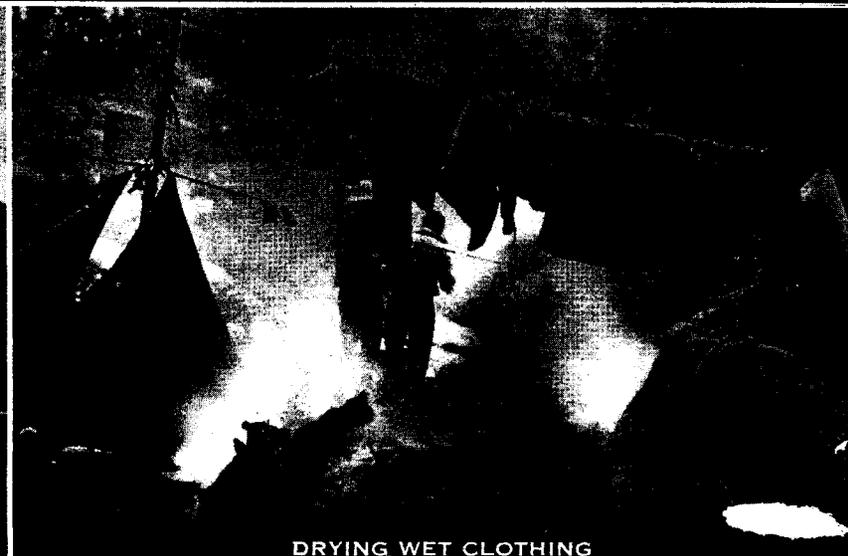
LONE EAGLE PEAK



LONE EAGLE. ITS GLACIERS AND CIRQUE



RESTING IN HIGH COUNTRY



DRYING WET CLOTHING

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Schedule of High Country Climbs

COST of food, blankets, guide service, pack horses when used, are listed separately from transportation as many students drive their own cars or ride with friends. Transportation costs listed are subject to change. Registration for these trips closes at noon Fridays.

First Term	Objectives	Second Term
June 26.....	Arapaho Glacier, \$2; and \$1.75 for transportation.....	August 14
June 26-27	Peaks-Plains Panorama by Moonlight; Three Lakes, \$2.50; and \$2.50 for transportation	
July 2-4.....	Arapaho Peaks, \$4.50; and \$2.50 for transportation.....	July 30-August 1
July 3.....	Arapaho Valley Flower Trip, \$1.75; and \$1.75 for transportation.....	July 31
July 3-4.....	Bear Lake to Fern Lake, \$3; and \$3 for transportation.....	August 7-8
July 10-11.....	Longs Peak, \$4; and \$3 for transportation.....	August 7-8
July 10-11.....	Paiute Horn, \$3; and \$2.50 for transportation.....	July 31-August 1
July 16-18.....	Navajo Peak, \$4.50; and \$2.50 for transportation.....	August 13-15
July 17-18.....	Longs Peak, \$4; and \$3 for transportation.....	August 7-8
July 24-26.....	Lone Eagle (Lindbergh) Peak, \$6.50; and \$6 for transportation.....	August 20-22
	Lawn Lake and Rowe Glacier, \$4.50; and \$3 for transportation.....	August 20-22